



WomansWork

The Notebook For Northamptonshire

February 2012

Hi Readers

OK, where did January go? But it's great to think that the evenings are drawing out now and spring is on the horizon. So let WomansWork put a spring in your step and move us on to a great February with lots of training, events and your information in this issue – and don't forget this is the month of romance! Read on and Enjoy!

Page 1	Your News
Page 2	Your News and Opportunities
Page 3	Your Arts & Crafts and Holistics
Page 4	Events
Page 5	BHT, Arbonne and Unleash Your Dragon!
Page 6	SavvyWoman and Your Books
Page 7	Networking, Your Websites, Useful Information and Deadline.

Your News

Good News For Illustrator

Coloured pencil illustrator Karen Middleton from Lincoln, has been asked to have one of her artworks featured as the cover image used for the February issue of Color Pencil Magazine in the US. Initially turning down an interview for fear of global exposure (yes, the opposite of what she should be doing!), Karen was both flattered and pleased to have been asked if they could still feature one of her drawings. "I sent the piece I had literally just finished as it featured a heart and seemed ideal for Valentine's month, but sent my website address www.karenmittletonillustration.co.uk in case they didn't like what I'd sent. The kitten was so well liked they asked if they could use it for the cover!"



Village Outreach Society

Launch of Eco Femme Reusable Sanitary Pads. Hello, I am Audrie Reed, the trustee of Village Outreach Society based in Cambridge www.villageoutreach.co.uk I have been funding a women's empowerment project in South India to make cloth, washable menstrual pads for women and girls in remote rural villages. We have developed a range of products for export, to be launched during International Women's Day at Anglia Ruskin University on 10th March. All UK sales will go to help sustain the women in this amazing social enterprise. Visit www.ecofemme.org You can buy from my stand or you can contact me to place an order. They are available in 3 sizes, pantyliners, day and night thickness, they all have a waterproof lining and cost just £7 each. It is recommended you start with a set of 3 - one of each size/thickness, the cost for a set is £20 plus postage. I understand that these can be used and washed for up to 5 years before they need replacing. ● If you can help me promote, market or distribute these products then I would love to hear from you, email audrie@villageoutreach.co.uk or call Audrie on 01223 575197.



New Online Accounting Service

Rebecca Taylor is offering a new online service that bundles a number of functions for a regular fixed price. This service includes access to Xero, which is an easy to use but powerful online accounting system that's designed specifically for small businesses. Xero gives you a view of your financial information in real-time. You can access this anytime – at home or out of the office, overseas – anywhere there is an Internet connection. Keeping your accounts up-to-date will make it easier to use financial management tools that help your business run more effectively and efficiently. Being up-to-date also makes the year-end process less painful. For more information, please visit www.parfitttaylor.co.uk/online or call Rebecca at Parfitt Taylor – Chartered Management Accountant on 01604 330220.

Stuff You Don't Need? Freegle It!

Don't throw it away – give it away on Freegle! You might not need that old sofa or wheelbarrow any more – but there might be someone just around the corner who does. Or if there's something you'd like, someone nearby might have one. Visit



www.ilovefreegle.org and find a group near you. All groups operate with a basic principle – all offers and requests must be Freegle: Free and legal. The aim is to keep anything reusable out of landfill sites.

Glum To Glam

Saturday 3rd March, 9.30am - 4.30pm at The Cadogan Hotel, Sloane Street, London SW1. Cost £110 with lunch, tea, coffee and pastries included. A new series of seminars, enabling effective change for busy women empowering you with a list of new skills. Each event includes talks and advice.

- Clearing mind clutter
- Image and Colour
- Body Fitness
- Career and personality profiling
- Personal branding
- Make up and hair.

For more information visit www.glumtoglam.com or call Paula Riane on 07803 072101 email info@glumtoglam.com

International Women's Day

8th March is the perfect excuse to get your friends together, have fun and raise money for a great cause. Get the girls together on International Women's Day and raise money with friends to support women around the world. We'll give you everything you need to make your event happen and raise as much money as possible – so you can focus on catching up with the girls. Do whatever you love doing – a dinner party, coffee morning, cocktails. But with one big difference: you'll be raising money to support women worldwide. Visit www.oxfam.org.uk/womensday



Opportunities

Food & Drink Expo

A trade only event open to professionals involved in the food and drink market. It is free to attend, visitors may register via the website www.foodanddrinkexpo.co.uk or can request an invitation and bring this along on the day they wish to visit.

Your badge is valid across all 3 days of the show and will allow entry into the co-located shows. No under 16s will be admitted, this includes babes in arms. Please call 01293 610244 for more information.



Business Exhibition

Friday 16th, 9.30 - 15.30 March at Sunley Conference Centre, The University of Northampton's Park Campus. The exhibition will see the county's firms hold stands and promote themselves to visitors and fellow exhibitors from a wide range of industry sectors. The exhibition is open to all and the exhibition is FREE and no pre-booking or registering is required.

Free Advice & Support To Social Enterprises

Many Social Enterprises struggle with getting practical, affordable support in the key phases of start-up and growth. In response to this a new 'one-stop' social enterprise support service, Inspire2Enterprise, provides support to:

- Individuals and organisations thinking about setting-up a Social Enterprise
- Those in the early stages of starting up a Social Enterprise
- Established enterprises looking to grow their organisation.

It is delivered by a team of highly experienced, qualified, telephone-based enterprise and specialist advisers, many having worked with the social enterprise sector for a number of years. Uniquely, the service can also be delivered using the latest webcam technology, enabling 'face-to-face' meetings.

Information, consultation and advice are provided free-of-charge. Further chargeable services are also available including legal and financial advice delivered by qualified specialists, together with research services from professional researchers experienced in providing high quality market intelligence, as well as research to support tenders. In addition, a full programme of open courses and workshops will also be available soon.

Simply call the Inspire2Enterprise team on 0844 9800 760 (Monday to Friday 8.30am - 5.30pm) or email info@inspire2enterprise.org

Services Of Social Expertise

A new organisation offering training and courses in 'Protective Behaviours' (PBs), a process to enable adults and children to 'FEEL SAFE'. In a world where we focus on 'BEING SAFE' feeling unsafe can go unrecognised, eg. if bullied at school or work, when you're in a safe place those experiences are still traumatic wherever you. Protective Behaviour is a way to understand those feelings.

Mrs Hilla Joshi-Thompson, who worked for several years as a practitioner with Hertfordshire County Council through Extended Schools, now delivers courses in 'Overcoming being bullied', 'Managing others' anger', 'Feeling Safer' and Foundation Level training in PBs to work as a practitioner. Courses currently being developed for February and March 2012. If you are interested please contact Hilla on 07854 041946 or email hillajoshi@yahoo.co.uk for further information.

Your Arts & Crafts

Northampton Museum & Art Gallery

- **Step Into My Shoes**

Tuesday 7th February - Sunday 15th April. An exhibition by Claire Abbott. Clare's work reflects Captain Scott on his journey and other significant journeys on foot.

- **The World At Your Feet**

Saturday 31st March - Sunday 23rd September. What type of shoes would you be wearing if you lived on the other side of the world? People wear shoes across the world to express their identity and cultural background. This exhibition will explore how this is influenced by climate and available materials, religion, cultural status, practise and key moments in peoples' lives.

- **Children's Puppet Show: 'The Three Little Pigs'**
Saturday 18 February, 3.00pm. Join Peter, Percy and Pollyanna Pig in their battle against the Big Bad Wolf! Will their house get blown down? Looking Glass Theatre's hand puppet show, suitable for 1 - 8 year olds. Tickets: £3.50 Children, £5 Adults.

- **Contemporary Art of Walking**

Saturday 17 March, 10am - 4pm. Starting point at All Saints' Church, George Row, Northampton NN1 1DF. Distance 6 kilometres. Bring a packed lunch and wear appropriate comfortable walking boots or shoes. Alison Lloyd will lead an itinerant initiative where contemporary art and outdoor culture can meet on a journey out to the edgelands of Northampton. The event will finish with a creative writing workshop 1.00pm - 4.00pm. Tickets: £3.50.

- **Murder Mystery – The Hidden Treasure**

Saturday 10th March 7:30pm – 9:30 pm at Northampton Museum & Art Gallery. Tickets: £12.50 A glass of wine and snacks included.

Arctic explorers have recently returned from an expedition to the North Pole and are giving a talk about their experiences at Northampton Museum. Things are going well until one of them is murdered. It is rumoured that there is treasure located within the museum's walls! Was this the reason for the murder? Who will find the treasure first and will everyone survive the journey?

- **Toddlers' Afternoons**

Thursday: 1pm - 3pm for the under 5s. Simple things to do, make or colour. No need to book, just drop in. Themed activities at Northampton Museum & Art Gallery:

23rd February	Camera
22nd March	Aeroplane
Abington Park Museum	
2nd February	Map
8th March	Car

- **Best Foot Forward**

Thursday 16th February, 10.00am - 2:30pm
Think about special journeys you have been on in your life and make a mould of your foot. Tickets £2.50 for 8+ years

■ Tickets are available to buy from Northampton Museum & Art Gallery in person or by telephone on 01604 838111.

Family History Scrapbooking Weekend Retreat

28th - 29th April, 9.00am onwards at the 4 star Belfry Hotel, Cambourne, Cambridge. A fun and full weekend designed around researching, capturing and scrapbooking your family history. Don't miss out on an exciting range of workshops, demonstrations, challenges and prizes. With free use of the hotel leisure facilities including an indoor pool, sauna and gym. 2 packages available, please contact Nina for a booking form or more details on 01763 262417. Email nina@itscraftingtime.com

Are You Struggling To Find The Right Words?

Everyone needs to communicate with people who use their services. It's how you publicise what you do, how potential clients get to know about you and how you keep in touch with your existing clients. People say you need a good website, some glossy brochures or flyers about your business. It may be an advert letting people know about the work you do or that special offer you're planning. Whatever it is, you need to make an impression - and it needs to be a good one. "So my question is – can you afford not to have a copywriter?" To find out how I can help you give me a call on 07854 771924 or 01992 577472. You can email me at june@kisscopywriting.co.uk or visit my website www.kisscopywriting.co.uk



Holistics

The Holistic Directory

Imagine an online directory exclusively for the promotion of holistic businesses and therapies – welcome to



www.HolisticDirectory.co.uk You can be listed under as many of our 400 categories of therapies as you wish, allowing customers to find you in the places you want to be found – and our easy-to-use admin page gives you complete control of your listing. Once you have joined, you can add events and articles free of charge, and reach out to potential new customers with improved search rankings and active social network participation. Want to spread the word about your business? Join our online holistic community today.

- Special offer of £50 including VAT per listing until March 31st for new businesses that sign up to the website. Usual price is £99 including VAT per listing.

Events

Creative Northants Events

- **Finance for non financial managers**

Thursday 9th February, 10.00am - 4.00pm at Portfolio Innovation Centre, Northampton, NN2 6JD. Cost: £25. Are you confused by accounts, cash-flow, balance sheets and budgets? Aimed at managers and entrepreneurs without financial training, participants will have an increased confidence to deal with financial reporting and planning and understanding the accounting process.

- **Secure headlines and media coverage for your business.**

Friday 9th March, 10.00am - 4.00pm at Portfolio Innovation Centre, Northampton, NN2 6JD. Cost: £25. This session will combine theory and practise to instil confidence and knowledge when dealing with the press. By the end of the day you will know which press you want to contact, how to chat to journalists, how to secure great headlines and what makes a good press release. Early-bird Discount: Book any event up to 1 month in advance and receive £5 off the normal price. We've just launched our Spring workshop programme. For more details visit the Events page at www.creativenorthants.co.uk or to book contact 01604 779021, email info@creativenorthants.co.uk

Facebook For Business Seminar

Friday 3rd February, 8.30 - 10.30 at Holiday Inn Corby/Kettering, Geddington Road, Corby, Northamptonshire NN18 8ET. Free event. This seminar is aimed at anyone within small and medium sized businesses who is involved in the online marketing of the business and wants to understand how to use Facebook as a means to connect with new customers. No technical knowledge is required. To book email events@northants-chamber.co.uk or call 01604 490490.

Blogging For Business Seminar

Friday 2nd March, 8.30 – 10.30 at Holiday Inn Corby/Kettering, Geddington Road, Corby, Northamptonshire NN18 8ET. Free event. By the end of the seminar delegates will understand why blogging is an inexpensive and effective tool for marketing, communications and PR; how to avoid pitfalls and write an engaging blog: and how to integrate their blog with other social networking platforms. To book email events@northants-chamber.co.uk or call 01604 490490.

Strategic Business Advice To Survive Disaster

Tuesday 21st February, 8.30am - 10.30am at Northamptonshire Chamber Offices, Moulton Park, Northampton. Cost £20 + VAT and includes a buffet breakfast. Business Briefing: Topics such as contract protection, shareholder agreements, bad debt, 'the battle of the forms', liquidation, the incorporation of new companies and much more. To book or for more information call 01604 490470.

Selling On The Internet Seminar

Wednesday 15th February, 8.30 - 10.30 at Northamptonshire Chamber, Opus House, Anglia Way, Moulton Park, Northampton NN3 6JA. Free event.

- Selling Platforms: from developing your own E-commerce website to Ebay, Amazon, Etsy, Social Media and Affiliates' schemes and the various other methods available today.
 - Transactions: all about Merchant accounts; payment service providers; systems integration.
 - Fulfilment: the impact on business processes by dealing with online orders, delivery options and tracking.
 - Legalities: regulations, refunds, returns, terms and conditions; data protection and direct marketing.
- For further details email events@northants-chamber.co.uk or call 01604 490490.

Exporting For Growth

1st March, 9.00am - 2.00pm at The Henry Ford College, Loughborough University, Loughborough LE11 3TU. Lunch to be provided. A major initiative to boost the number of SMEs that export for the first time or spread to new markets over the next four or five years. To register for this event call 0115 947 5666 or visit www.regionalexportforgrowth.com

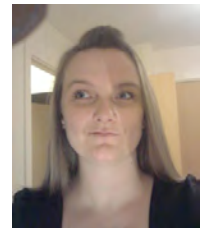
- Closing date for registration is 24th February.

Social Media For Business

 By Jules Thomas

Social media for business has exploded in recent years and companies from small one man bands through to large well known corporates are all appreciating they have the opportunity to reach their target audience with their marketing messages. BUT it's not just a free advertising opportunity. Those who are most successful at gaining new business through utilising social media for business are those that use Facebook and Co to interact and build business relationships, connect with potential customers and offer advice to establish their credentials as an expert in their field.

So how do you eat yours? How do you go about starting your own social media for business? Well that's easy, like every other business development stream, you have to have a plan. Work out whom you want to reach, what your message should be and then decide which of the social media for business sites would suit your purpose best. Like all things it takes time and work to achieve results, so make sure you are prepared to spend a small portion of time everyday, interacting, monitoring and developing your social media for business marketing. Need assistance with planning or implementing a social media for business presence? The Last Hurdle can help. Get in touch for an initial consultation on 07709 124847 or 01327 359908.



Why Have An Integrated Marketing Campaign?

For reasons beyond your control you will always lose clients and therefore turnover and, worst of all, profitability. Now in today's world there is an even more urgent need to address any potential downturn by pursuing a steady marketing strategy. In today's economic environment the majority of us want a combination that works, is low cost and effective.

BHT recommends: Start with newsletters followed by telemarketing, linked to your website and promoted by Social media. The newsletter is always a good hand-out at meetings because it carries your message, your company's identity, it links to your web-site and Social Media – again interweaving each strand of marketing. Once you start thinking like this you will start finding ways to link most of your marketing together. So you promote you website in your documentation – your website has special offers to any reader - the website allows readers to download your brochure and articles - your brochure refers to your articles - anyone downloading from your newsletter or website leaves their contact details for you to follow – and so on and so on. It's all very exciting once you get into it, but of course it has to be handled with care and, most importantly, within your budget. That's where BHT comes in. We can discuss with you what you want to achieve and work with you to build a complete marketing strategy to suit both your aims and your budget.

- BHT, in conjunction with Aark Design, is running several campaigns of this nature and would be delighted to discuss the concept with you in more detail. For more information or to arrange a meeting call 0808-172-1900 or go to www.bhtmarketing.com

Arbonne By Emma Hale

Would you like a natural, Vegan certified alternative to your skincare regime? Arbonne is a forward thinking company and was 'green' before it became trendy to be so; all our packaging has been recyclable since 1980. Our Swiss formulated products fall within the Ultra Premium Range and are considered the best, finest and purest products available, usually aimed at the wealthy. Network distribution of these products makes them affordable for everyone. Our ultra premium products are based on innovative scientific discovery. Arbonne has an unwavering commitment to pure, safe and beneficial personal care and wellness products that preserve and enhance the skin, body and mind for an integrated approach to beauty.

- **Arbonne Business Opportunity**

The Arbonne Business opportunity allows you to build a residual income, working the hours you choose alongside your family or your current job commitments. I am looking to build my team of Independent Consultants; if you are interested in taking a look then please contact me. And, even if you are not interested in the business opportunity, you can still enjoy a substantial discount (20 to 50%) on our amazing products. Contact Emma at emmahales@myarbonne.co.uk

Unleash Your Inner Dragon!

By Jenny Eaton

Wishing you all a belated Gung Hay Fat Choy! Or, a happy and prosperous Chinese new year. The Chinese have just welcomed in the year of the Dragon – this is considered to be the most auspicious and powerful of their zodiac signs, with this year being particularly well-favoured, as it is the year of the water dragon, which only happens every 60 years.



- What the experts say:

"The dragon is a symbol of power and superior control," says Stephen Chu, of the Mississauga Chinese Business Association. "It's not evil. The dragon is a good symbol." "Dragons seem to be a change year, and usually from bad to good," says Paul Ng, a feng shui master. "In general, in the dragon years, the world economy does a little better."

So, all the signs are boding well for 2012 – and I'm guessing that many of you would welcome a boost in energy and prosperity over the coming months. Well now that you know it's going to happen, you can dump all the media doom and gloom that we're currently being bombarded with and fill your head with some positive Dragon energy! I'm not suggesting you all start reading your horoscopes to decide what kind of day you're going to have (although some people do); I'm suggesting that the kind of day / week / year you believe you're going to have will seriously affect the day / week / year you actually end up having.

Our brains are hard-wired to want to prove ourselves right; and they regularly do! There's no shortage of evidence in the daily media to prove that the world is full of good / evil people – but which is right? Well, I guess both are; but which focus gives you the most benefit in your life? If you believe that 2012 is going to be a desperate slog; that you'll have less work, less money, harder times, then your subconscious will find a way to prove you right. Let's harness our Dragon energy this year and bring in some positive change, strength, good luck, prosperity and growth!

You might also like to know that a recent poll in Hong Kong identified that 70% of couples wanted a baby born in the year of the Dragon; so I imagine that there will be lots of romantic evenings planned over the next couple of months... a great way to keep warm and save money too! Visit <http://www.chinesezodiac.com/dragon.php> Jenny Eaton runs the new Eos Programme for women, email jenny@eosprogramme.com or visit www.eosprogramme.com

SavvyWoman By Sarah Pennells

When Is A Storm Not A Storm?

This winter has been pretty mild compared to the last couple of years, but we've had our fair share of storms. But, as some homeowners are finding out, there's no guarantee that because your home has been damaged after a bout of bad weather, the insurer will pay out. So what happens if you and your insurer don't agree?



● When is a storm a storm?

When it comes to storm damage claims, insurers don't have any official definition of what makes up a 'storm'. While household insurance will pay for damage caused by a storm, it won't cover the costs during normal rough weather. If you're claiming for storm damage an insurer will look at several factors, such as:

- The weather report from the nearest Met Office weather station. The problem is that some storms can be very localised and the nearest weather station may be some distance from where you live.
- Whether other properties nearby have suffered from (similar) damage. Just because your property suffers from damage and your neighbours' homes don't doesn't mean yours wasn't in a good state of repair.
- Wind speeds. Some insurers will only pay out if wind reaches a certain speed on what's called the 'Beaufort scale', which categorises wind speeds on a scale of 1-12.

SAVVYWOMAN TIP: The Financial Ombudsman Service says that a storm can occur without high winds and disagrees with those insurers that insist on a wind speed of force 10 or above before they'll pay out.

● What to do if you're making a claim

If you're making a claim for storm damage and your insurer turns you down you should:

- Get evidence of damage to nearby properties. Your insurer doesn't have to pay up just because other properties have been damaged but it should strengthen your case and it's something that the free complaints service, www.financial-ombudsman.org.uk would take into account.
- Get evidence of maintenance you've carried out. It can be hard to show that your property was in a good state of repair but if you've had any maintenance it's worth providing details.

● Be prepared to take things further

Don't give up if your claim has been rejected. Malcolm Tarling from the Association of British Insurers says you should get evidence of damage to other properties or that other insurers have paid for damage to neighbouring properties. If that doesn't work you should:

- Make a formal complaint. Do this in writing. Mark your letter or email 'formal complaint' and state what you would like the insurer to do.

- Give the insurer time to respond. The insurer must respond within eight weeks and tell you whether they agree with you and will pay out, disagree or want more time to look into your complaints.
- After eight weeks you can complain to the Financial Ombudsman Service. Even if the insurer hasn't decided whether or not it agrees with you, you can complain to the Financial Ombudsman Service.

- When your claim may not be covered
Your household or contents policy may not pay out if, for example, heavy snow fell over a period of several days, damaging your roof, or if a storm wasn't the main reason for the damage. Items stored in a shed or outbuilding (or a satellite dish, for example) also may not be covered.

- SavvyWoman email newsletters: If you found this information useful why not sign up for free fortnightly email newsletters with money saving tips and help? You can sign up at the top of any page at the www.savvywoman.co.uk website and you'll receive a £20 Virgin Wines voucher as a 'thank you'.

Your Books

Business Writing Made Easy

By Suzan St Maur

Want a very easy and cost-effective way to place yourself head-and-shoulders above your competitors ... whether they're individuals or companies? Simple: make sure your writing for business is powerful, effective and persuasive. Available from Amazon or visit www.howtowritebetter.net

The Niche Expert By Rachel Henke

Harness the power of the Internet to attract perfect clients, publicity and opportunities. In this step by step guide to building an effective social media and automated online marketing system, you'll discover exactly how to plan and create a strong foundation for your Internet empire. Identify your perfect niche. Create multiple streams of income by simply giving your clients what they must have to succeed. Create your magnetic expert brand. Use the new rules and tools that will establish you as an expert in your niche. Create compelling copy for the Internet. Set up your authority blog and website. Build your database and attract hot prospects.

Sidestep & Twist

How to Create Hit Products and Services that People will Queue up to Buy, Published by Marshall Cavendish, £15. Why do some products succeed and others fail. How come some company's have a great hit rate and others continually struggle. The "sidestep" is taking an existing product or service and moving it into a parallel market. The "twist" involves adding a new market-specific dimension. There are plenty of research and real life examples to back up claims. For more information go to www.business-bookshop.co.uk/browse.html or email Helen@bookedPR.com

Networking

Mum's The Boss Networking

Tuesday 7th February, 10.00 - 12.00 at Acorn House IT Centre, Milton Keynes. Special February meeting fee of £4. Speaker: Simon Gill from Keens Shay Keens Accountancy. Topic: Advice from an accountant on the different types of business, their costs and legal implications. We are delighted to announce that Mum's The Boss has arrived in Milton Keynes. A totally unique mum and child friendly networking group. We meet in pre-school hours, provide a crèche, are informal with no one per profession rule or pressure to become a member... and we always provide a warm welcome and homemade cake!

A second group will be starting in the Spring which will be based in Newport Pagnell. For more information about the meetings please contact info@mumstheboss.co.uk or to see how else Mum's The Boss can help your business please visit the website www.mumstheboss.co.uk Remember to sign up for our FREE National newsletter and choose Milton Keynes in the location box to receive all the local news too.

BforB

- Thursday 9th & 23rd February 12.00pm - 2.00pm at Northampton Cricket Ground. £15.00 includes lunch.
- Tuesday 14th & 28th February 12.00pm - 2.00pm at The Swan Centre, Pury Hill Business Park, Nr Towcester. £15 includes lunch.

Looking for a new route market? We provide forums for business owners and other business people to build beneficial business relationships, which in turn drive business through referral. Groups meet every two weeks. You can quickly begin to see the huge potential of being part of a group that works for the mutual benefit of its members. It's like having your own sales force, only cheaper! Email jules.thomas@bforb.co.uk call 0845 803 8336 to book or for further detail.

The Womens Business Clubs

Wednesday 15th February, 12.00 - 14.15 at The Holiday Inn Hotel, Bedford Road, Northampton NN4 7YF. £22+VAT for members, £32+VAT for non members. Join likeminded professional women for a business focussed meeting and a fantastic chance to promote your business, share contacts, participate in open forum discussions and be inspired with brainstorming and problem solving sessions. To book your place contact info@thewomensbusinessclubs.com or call 01903 201100.

Oak Tree Networking

- 17th February, 11.45am - 2.00pm at Campanile, Loake Close, Grange Park, Northampton, NN4 5EZ. Cost to members £20, guests £24 including lunch.
- 21st February, 11.45 - 2.00pm at The Barns Hotel, Cardington Road, Bedford MK42 0DA. Cost £24.00 and includes lunch.

Oak Tree Networking is a lucrative way to grow your business. They run structured, highly effective and fun,

local networking meetings for people just like you, who want to expand their business through the power of word-of-mouth marketing. The meetings are monthly and open to all business sectors.

Contact Jacqui Frost on 0845 618 2902, email info@oaktreenetworking.co.uk or miltonkeynes@oaktreenetworking.co.uk

Business After Hours

29th February, 5.30 - 7.30pm. Local firms can chat informally, develop relationships and meet key business contacts at this informal networking event. Please call us on 01604 490490 to make a booking and for further details.

Useful Information

www.nationaldebtline.co.uk

The helpline that provides free confidential and independent advice on how to deal with debt problems. You can be confident that the advice they offer is targeted to you. Lines open Monday - Friday 9.00am - 9.00pm, Saturdays 9.30am - 1.00pm. Call the National Debtline free on 0808 808 4000.

Your Websites

www.mylittlepickle.co.uk

A refreshing collection of luxury baby knitwear, t-shirts, baby blankets, hats and booties, which caters for newborn babies to two year old toddlers. And they are sooo cute.

Next Issue

Deadline For The March 2012 Edition

No later than 12 noon on Thursday 23rd February. Please send your information to me as soon as possible as deadline day can be a little bit busy!

Take care and best wishes to you all
Lesley

Facebook: [WomansWork Group](#)

LinkedIn: [Lesley Kershaw](#)

Twitter: [@womansworkuk](#)

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